

This half term we will be following the SCARF PSHE unit 'Keeping Safe' across the school. This unit allows children to explore the concept that everyone has the right to respect and how we can be respectful towards others.

EYFS- Foxes and Badgers	Year 1- Owls and Hedgehogs	Year 2- Rabbits and Squirrels
<p>The children will look at a map of the human body and discuss what is safe to go onto or inside their bodies. The discussion will include how to stay safe around medicines. They will talk about healthy foods and what their bodies need to stay well, as well as the importance of sun creams, warm clothing etc to keep their bodies safe on the outside. The children will also reflect on how to stay safe online and who they can talk to if they feel unsafe. Online safety and people who can help us are revisited throughout the PSHE and wider curriculum.</p>	<p>The children will build on their understanding of how to maintain a healthy body by developing their understanding of the importance of healthy sleep routines. They will also discuss who can keep them safe in a range of different scenarios, both in day to day life and online. The NSPCC PANTS resources will support the children to understand the difference between good and bad touches in an accessible, age appropriate way. Online safety rules about sharing pictures will be discussed and debated through the story of Jessie and Friends.</p>	<p>This unit begins with the key questions: Where do you feel safe? When do you feel safe? Who makes you feel safe? Through a range of scenarios and stories the children will discuss how they could respond to friends and family when they don't like the way they have made them feel. They will also revisit the PANTS rule from the NSPCC, creating a helping hand of five people they can talk to if they feel worried or unsafe. The children will continue to develop their understanding of how to stay safe online.</p>

Books you could share about keeping safe together at home:

