



	Dance	Gymnastics	Invasion Games (netball, football, rugby, hockey)	Games: Striking and fielding
EYFS	<p>Move to music.</p> <p>Copy dance moves.</p> <p>Perform some dance moves.</p> <p>Move around the space safely.</p> <p>Children to perform dance moves and actions to stories.</p>	<p>Show good control and coordination of large movements in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping.</p> <p>Physically stop on the stop command.</p> <p>Begin to travel in a range of different ways around the floor and travel at range of different levels (high/ low).</p> <p>Begin to move around, under, over and through balancing and climbing equipment.</p> <p>Begin to copy simple gymnastic moves including pencil jumps and star jumps, egg roll, pencil roll.</p> <p>Begin to join simple gymnastic shapes, rolls and jumps to create a basic sequence.</p>	<p>Travel safely around a space</p> <p>Begin to develop hand eye coordination- throwing to a target/ themselves using bean bags/ ribbons/ large balls</p> <p>Begin to work on changing direction and speed when travelling</p> <p>Begin to develop control when pushing, patting or kicking an object.</p>	<p>Begin to develop hand eye coordination- throwing to a target/ themselves using bean bags/ ribbons/ large balls.</p> <p>Begin to develop control when throwing, catching or striking an object.</p> <p>Begin to use a bat to hit a ball or bean bag.</p>
Year 1	<p>Copy and explore basic body actions demonstrated by the teacher, linking simple actions and skills</p> <p>Copy simple movement patterns from each other and explore the movement</p>	<p>Manage the space safely, showing good awareness of each other, mats and apparatus</p> <p>Begin to demonstrate good balance and control</p>	<p>Show control and accuracy with the basic actions for rolling, underarm throwing, striking a ball and kicking</p> <p>Throw and catch a ball accurately and with control with a partner to develop hand-eye coordination</p>	<p>Throw and catch a ball accurately and with control with a partner to develop hand-eye coordination</p> <p>Practise different ways to learn basic striking, sending and receiving.</p> <p>Show increasing accuracy when striking a ball with a racket or bat.</p>

	<p>Remember simple moves and dance steps and perform them in a controlled way</p> <p>Respond to different stimuli with a range of their own actions/ movements. Changing the movements when the music changes</p> <p>Perform dances using simple movement patterns and begin to compose their own simple dances with a clear beginning, middle and end.</p>	<p>Create different body shapes including tuck, pencil and straddle on the floor</p> <p>Perform different body shapes and then create different body shapes including tuck, pencil and straddle on the apparatus and at different levels</p> <p>Copy and repeat simple gymnastic actions like traveling, rolling and jumping and begin to work alone or with a partner to make a simple sequence.</p> <p>Describe their actions and comment on what others are doing.</p>	<p>Use skills in different ways in different games, and try to win by changing the way they use skills in response to their opponent's actions.</p> <p>Participate in team games, developing simple tactics for attacking and defending</p>	<p>Show control and accuracy with the basic actions for rolling, underarm throwing and striking a ball.</p> <p>Play as a fielder and get the ball back to a team mate</p> <p>Use throwing and catching skills in a game.</p>
Year 2	<p>Copy and repeat simple dance phrase with control.</p> <p>Explore actions in response to stimuli by varying movements, levels, shapes and speed.</p> <p>Show ideas feelings and moods in their dance.</p> <p>Talk about different stimuli as the starting point for creating dance phrases and short dances. Thinking about the moods and feelings by improvising, and by experimenting with actions, dynamics, directions, levels and a growing range of possible movements</p> <p>Compose and perform short dances that express moods, ideas and feelings, showing greater control,</p>	<p>Perform a variety of actions with increasing control like traveling, rolling and jumping</p> <p>Jump/ land with control using different body shapes in flight</p> <p>Perform a variety of actions with increasing control repeat accurately sequences of gymnastic actions in order to be able to perform a short sequence in which there is a clear beginning, middle and end</p> <p>Move smoothly and in a controlled way from one position of stillness to another using different combinations of floor, mats and apparatus, showing control, accuracy and fluency</p>	<p>Pass a ball accurately to a partner by rolling, underarm throwing, and kicking developing hand eye coordination.</p> <p>Change speed and direction easily in different games, and try to win by changing the way they move.</p> <p>Identify a way that helps their partners- moving nearer, softer throw, more accurate throw/pass</p> <p>React to different situations in a way that helps- e.g. change speed, direction, throw.</p> <p>Show a good awareness of others in running, chasing and avoiding games and begin to make simple decisions about when and where to run in response to their opponent's actions.</p>	<p>Throw and catch a ball accurately and with control over a distance.</p> <p>Position the body to strike a ball so the ball goes in the desired direction.</p> <p>Show control and accuracy with the basic actions for rolling, underarm throwing and striking a ball and selecting the right skill for the game.</p> <p>Use fielding skills to play a game.</p>

	coordination and using space well and show good spatial awareness	Choose, use and vary simple compositional ideas to create and perform a sequence		
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