

Autumn 1- Me and My Relationships

This half term we will be following the SCARF PSHE unit 'Me and My Relationships' across the school. This unit allows children to consider what makes them special, what makes others special and the importance of building and maintaining healthy relationships.

EYFS- Foxes and Badgers	Year 1- Owls and Hedgehogs	Year 2- Rabbits and Squirrels
<p>As our EYFS children settle into life at Galleywood Infant School they will be sharing things that make them who they are within small groups and whole class sessions. They will notice similarities and differences between themselves and their peers as they build new friendships. They will also begin to identify who can help them to solve problems in school and at home. The children will begin to broaden their understanding of different feelings and how to manage their emotions through The Colour Monster book, games and role-play.</p>	<p>As our Year 1 children transition into their new classrooms they will establish class rules together, built on the values of kindness and community. PSHE lessons will have a strong focus on identifying a range of feelings and the effects that different feelings may have on our bodies through The Colour Monster. Managing feelings can be difficult so the children will learn different strategies for how they can manage their feelings in a range of situations, and support their peers to do the same.</p>	<p>The Year 2 PSHE lessons begin with a focus on establishing an 'ideal classroom', where children demonstrate kindness and understanding towards each other. As the term progresses they will explore and reflect upon a range of feelings through The Colour Monster book and how they can deal with these emotions through stories, discussion and role-play. Children will be taught to identify the difference between bullying, unkind behaviour and teasing and how they can respond to these types of behaviours through a range of role-play scenarios.</p>

Books we will be reading in class and that you could share about feelings and friendship together at home:

